



MARK HALL ACADEMY



WEEKLY BULLETIN

SUMMER TERM - FRIDAY 17 MAY 2019

Term Dates 2018-19

Spring Term 2019

Monday 7 January—Friday 5 April
Half Term: 18 February - 22 February
Staff Training Day—11 January 2019

Summer Term 2019

Tuesday 23 April—Friday 19 July
Half term: 27 May—31 May
May Bank Holiday: 6 May

Dates for Your Diary

Tuesday 25 June	Year 11 Prom	Newlands Hall in Roxwell
Thursday 4 July	Student Production : Little Shop of Horrors	
Friday 19 July	End of Summer Term	Students finish at 12.30 pm

Term Dates 2019-20

Autumn Term 2019

Tuesday 3 September—20 December
Half Term: **21 October —1 November**

Spring Term 2020

6 January—3 April 2020
Half Term: 17 February—21 February

Summer Term 2020

20 April—17 July
Half term: 25 May—29 May
May Bank Holiday: 4 May

Please note the highlighted date for Autumn 1/2 term. This is a two week break due to moving into our new building

Dear Parents/Carers

Another fantastic week at Mark Hall Academy. Some positive stories from this week include the Year 7 Bake Sale supported by Mrs Burns and her year 7 Home Group to raise money for the Stand up for Cancer charity.

We have also had the successful continuation of Year 11 exams and our Connexus and Apollo Programmes, which are going from strength to strength.

This was a big week for us in supporting Mental Health Awareness Week and Mrs Parker again hosted one of our Staff Health & Wellbeing meetings in order to promote and discuss wellbeing for staff, students and parents.

We also had fantastic support this week in both our meetings for the Parent Council and our Parent Teacher Association. In order to support one of our PTA fund raisers we are asking for any second hand uniform that you may wish to donate, please leave it in reception for the attention of Mrs Butler.

Staff have also recently voted for the Jack Petchey Leadership Award and we are pleased to announce that this year it has been given to Rob Green our Behaviour Mentor. This will be presented to him on the 20th June.

To finish off a fantastic week we have made a number of teaching staff appointments some of who are due to start after half term.

Mrs M Hazle and Mrs V Butler
Acting Co-Principals

Aspire

Endeavour

Achieve

Notices

Letters Home / Information on Website

Please click on the links below to view letters that have been emailed or sent home:

<http://www.mha.attrust.org.uk/wp-content/uploads/2019/01/SchoolMoney-letter-Jan-2019-1.doc>

<http://www.mha.attrust.org.uk/wp-content/uploads/2019/03/Mobile-Phones-Exam-Letter-2.pdf>

Parental Concerns

I would like to take this opportunity to remind parents and carers that should you have any concerns or matters that you wish to discuss with the Academy, that you contact your child's Home Group Tutor or Guidance Manager in the first instance. If you feel that your child's Home Group Tutor or Guidance Manager are unable to help you, please contact your Key Stage Coordinator (Head of Year). Of course, if you feel that you still need support, please do contact either Mrs Hazle or Mrs Butler. Any issues which cannot be resolved by the Co-Principals will be escalated and between us we will endeavour to respond to your concerns as soon as possible.

Key Stage 3 Coordinator—Mrs L Brown (Years 10 & 11)

Key Stage 4 Coordinator—Mr C Kemp (Years 7, 8, 9)

Guidance Manager Year 7—Miss M Warwick

Guidance Manager Year 8—Mrs J Hawkins

Guidance Manager Year 9—Mrs S Maragh-MacPherson

Guidance Manager Years 10 & 11—Mrs L Hunt

Library Books

Please can you check to see if your child has a library book as many are now overdue, and have been for some time. If so, please return them as soon as possible to the library. If the book has been damaged or cannot be found then a payment for the cost of a replacement is required, alternatively a replacement copy in good condition is also acceptable.

Exam Stress Guidance

As you are aware exams start after the Easter Break. Please encourage your child(ren) to look at this Student Guide to coping with Exam pressure. Also we encourage both parents and students to read the page later on in this Bulletin on how to handle the stress of exams.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/781889/Student_guide.pdf



MARK HALL ACADEMY



Dear Students and Parents,

The Mark Hall Academy PTA is delighted to announce our first fundraiser for the Academy's new minibus. ExL Young Driver Centre has very kindly donated 5 vouchers (one per year group) for a one hour driving lesson at their off-road track in Edinburgh Way.

All students are able to receive a driving lesson.

These vouchers will be raffled at £5 per ticket and the draw will be open to all year groups attending Mark Hall Academy and the lucky winners will be announced during the last week of assemblies of this academic year. The winners' names will also be posted on the bulletin and website.

The lesson will be tailored to students' own skill level and may include approaching junctions, roundabouts, gear changes and manoeuvres. Don't worry if your son/daughter is not very tall: the instructor can help with the pedals. You can find out more on Facebook: EXL Young Driver Centre.

If you would like the chance for your son/daughter to win one of these vouchers, please complete and return the form below to Mrs Butler. **The deadline for slips to be returned will be the 28th June 2019.**

Please do not send any money at this stage. Once we have received your completed form, one of the PTA members will contact you by email with payment details and a reference number to be quoted on your bank transfer. When payment is received your name will be entered into the draw.

We hope that you are as excited about this amazing opportunity as we are. If this raffle works well and is popular, we and ExL hope to make it an on-going, termly event. This is a fantastic way to launch our PTA and the minibus fund.

If you would like to join the MHA PTA, please tick the box on the form below.

Good luck!

The MHA PTA

PTA@mha.attrust.org.uk

Student Name..... Home Group.....

EXL YOUNG DRIVER RAFFLE - £5 PER TICKET.

Signed (Parent/carer)..... Date.....

Email address.....

Please send me more details about the MHA PTA

Aspire

Endeavour

Achieve

ACTION CALENDAR: MEANINGFUL MAY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>"We can change the world" ~ Nelson Mandela</p> 		<p>1 Do something meaningful for someone you really care about</p>	<p>2 Share photos of 3 things you find meaningful or memorable today</p>	<p>3 Take interest in people who are older, younger or different to you</p>	<p>4 Get outside. Look at the sky & feel connected to the natural world</p>	<p>5 Choose one of your life goals and take a step towards it</p>
<p>6 What are your most important values? Use them today</p>	<p>7 Go on a kindness mission. Give your time to help others today</p>	<p>8 Tell someone about why your favourite music means a lot to you</p>	<p>9 Pay special attention today to the people you cherish most</p>	<p>10 Find out about the values and traditions of another culture</p>	<p>11 Do something to help a project or charity you care about</p>	<p>12 Visit a location that you find inspiring and meaningful</p>
<p>13 Find a way to craft your work activity to give it more meaning</p>	<p>14 Recall three things you've done that you are really proud of</p>	<p>15 Look for opportunities to be a good citizen of the world today</p>	<p>16 Share an inspiring quote with someone that matters to you</p>	<p>17 Gaze up at the stars and see that we are part of something bigger</p>	<p>18 Connect with people who matter to you (face-to-face if possible)</p>	<p>19 Today do something that makes your soul sing</p>
<p>20 Think about how your actions make a difference in the world</p>	<p>21 Ask a loved one or colleague what matters most to them in life</p>	<p>22 Support a cause that stands for something you believe in</p>	<p>23 Reflect on what makes you feel really valued and appreciated</p>	<p>24 Notice all the amazing wonders in the world around you today</p>	<p>25 Find out how to get involved in a group in your local community</p>	<p>26 Do something special today and revisit it in your memory tonight</p>
<p>27 Link today's choices and decisions to your purpose in life</p>	<p>28 Today do something to care for the planet</p>	<p>29 Tell someone about 3 events in your life that were really meaningful</p>	<p>30 What do you want to change in the world? Do something today</p>	<p>31 Take the AfH pledge: to create more happiness in the world</p>		

ACTION FOR HAPPINESS



www.actionforhappiness.org

Find out more about the Ten Keys to Happier Living, including books, guides, posters and more here: www.actionforhappiness.org/10-keys

Handling the pressure of external exams

Information for parents and carers



Did you know?



Exam stress can be really challenging, not only for children but for those that live with them. Research shows that having someone to talk to about their work can help. Support from a parent, teacher or friend can help young people share their worries and keep things in perspective.

Survey research has identified that exams are a significant source of stress and worry for pupils in secondary school. In particular, failing important examinations, and the consequences of failing these examinations, are rated as more important than a range of other personal and social worries. (Optimus education)

The NHS highlight that Children and young people who experience stress may:

- worry a lot
- feel tense
- get lots of headaches and stomach pains
- not sleep well
- be irritable
- lose interest in food, or eat more than normal
- not enjoy activities they previously enjoyed
- seem negative and low in their mood
- seem hopeless about the future



What can you do?

Watch out for signs of stress and encourage your child to talk to a member of school staff or someone who they feel is supportive. If you feel your child isn't coping, it may also be helpful for you to talk to their teachers at school.

Encourage and support your child to build and maintain healthy habits before and during the exam period, such as eating a healthy balanced diet, staying hydrated, getting enough sleep, doing exercise, having time to relax and to socialise with friends.

Remind your child that feeling nervous and anxious is

normal. Support them to be organised, have a routine and build a revision timetable. Try not to add to their pressure by being flexible with them. Talk to them about how they feel, remind them of their goals in life and motivate them to stay focused. Staying calm will help them remain calm - and exams don't last forever.



Meteor Club



Monday to Friday in the LRC
3.10pm to 5.20pm

An opportunity for all year groups to get their homework done with support and resources to help.

Free activity of the week is offered once homework is complete, so you can get creative and socialise with students that are not normally in your friendship groups.

Friday - week 2, a film will be shown for you to relax with at the end of the week if you so wish, of course there is still the option to complete homework. Friday – week 1, is the opportunity to write reviews of the films watched to earn rewards scaled to the number of reviews written. Full details of which are displayed in the club.



Film - Casper

www.youtube.com/watch?v=BBEB9OSfeCA



Whether you work in a school or have school-aged children yourself, you'll know the importance of a good school library – and not just for learning. Studies show that reading for pleasure doesn't just give children an advantage academically; it can improve their wellbeing too.

Nominate a school to win below, and if your entry is picked, not only will your chosen school be able to refresh their library for generations of children to come with our massive **£5,000/€5,000 National Book Tokens prize**, you'll also take home **£100/€120 of National Book Tokens just for you**. The more nominations your school receives, the higher their chances of winning – so don't forget to share on [Facebook](#) and [Twitter](#)!

Spread the word - download and print a poster to display in your school, shop or other public space:

[National Book Tokens schools prize poster \(Sterling\) >](#)

[National Book Tokens schools prize poster \(Euro\) >](#)



ATTENDANCE & PUNCTUALITY

STUDENTS ARRIVING TO THE ACADEMY

Just a reminder that all students must enter the Academy via the London Road entrance by **08:40am**. Students arriving by car must be dropped off in the Sports Centre car park.

Students must not be dropped off by car at the main school entrance except for known arrangements already agreed by the Academy.

STUDENTS ARRIVING LATE TO THE ACADEMY

We expect all students to be punctual. If your child is late they must still enter the Academy via the London Road entrance **up to 08:55am** where a member of staff will take their name and a C3 detention may be issued. Late arrivals by car should also be dropped off in the Sports Centre car park. They should then walk to the London Road entrance.

Arrivals after 9am – Students should enter via the Main Academy with a written/ phone message reason for being late from a parent/carer.

Students who persistently arrive late to the Academy will be referred to our Attendance Consultants.

REPORTING THE ABSENCE OF YOUR CHILD

To inform us that your child will be absent we ask that you telephone the school on **01279 866280** and press **Option 4** for the absence line/Attendance Officer. For safeguarding reasons we ask that you report your child absent at the start of the school day, preferably by **08:00am**.

For safeguarding reasons, we check any unreported absences daily and you will receive a text or email from the Attendance Officer if you have not telephoned the student absence line.

MEDICAL APPOINTMENTS

If your child has a medical/dental appointment, please inform the Attendance Officer via the absence line prior to the appointment.

ATTENDANCE MONITORING

All student's attendance is monitored every week. Should we have any concerns, you will be contacted by our **Attendance Consultants** who may invite you in for a meeting. The Academy has issued a number of penalty fines this year for irregular attendance and holidays in term time so we cannot stress enough how important it is for your child to attend well. We want your child to achieve and attendance is an extremely important factor. Government Research has shown that where attendance levels fall below 95% a student's academic performance and achievement is badly affected.

Thanking you all in anticipation of your support.

Regards
Mrs P Lane
Attendance Officer


Mark Hall Academy

PREPARED

POTENTIAL AND PERSEVERANCE
Work hard in order to reach your potential.
ASPIRE, ENDEAVOUR, ACHIEVE.

RESPECT

Treat everyone with RESPECT. **STAND UP TO BULLYING**
RESPECT THE POSSESSIONS OF OTHERS.
USE Appropriate language. **FOLLOW INSTRUCTIONS FIRST TIME**

EQUIPMENT is an essential TOOL for learning and life. **REMEMBER TO BRING IT TO EVERY LESSON.**

PLANNERS THESE NEED TO BE UP TO DATE WITH SIGNATURES, HOMEWORK, NOTES, TARGETS AND POINTS.

ATTENDANCE AND PUNCTUALITY

Ensure you have EXCELLENT attendance and punctuality every lesson and every day.

READING BOOKS Bring in a reading book EVERY DAY. Books should be placed on desks at the beginning of each lesson.

ENGAGEMENT Ensure you are focused during Home Group and lessons, complete all classwork and **HOMEWORK TO THE BEST OF YOUR ABILITY.**

DRESS AND UNIFORM

This should be consistent and of a high standard adhering to the **ACADEMY UNIFORM CODE.**

PARENTS, DID YOU KNOW?



You can learn more about...
Criminal & sexual exploitation • Trafficking Gangs • Online sexual abuse • Missing children
At one of our all day events across Essex

8 June, Chelmsford Library
15 June, Harlow Playhouse
10 August, Basildon Council Offices
7 November, Clacton-on-sea Princes Theatre

Why not drop by and talk to a range of experts or book a seat in advance for our specialist talks.
For more details visit: www.escb.co.uk/exploitation






kooth

Struggling with self-esteem or bullying?



Kooth is a free, confidential online counselling service for young people aged 11-26 in Essex

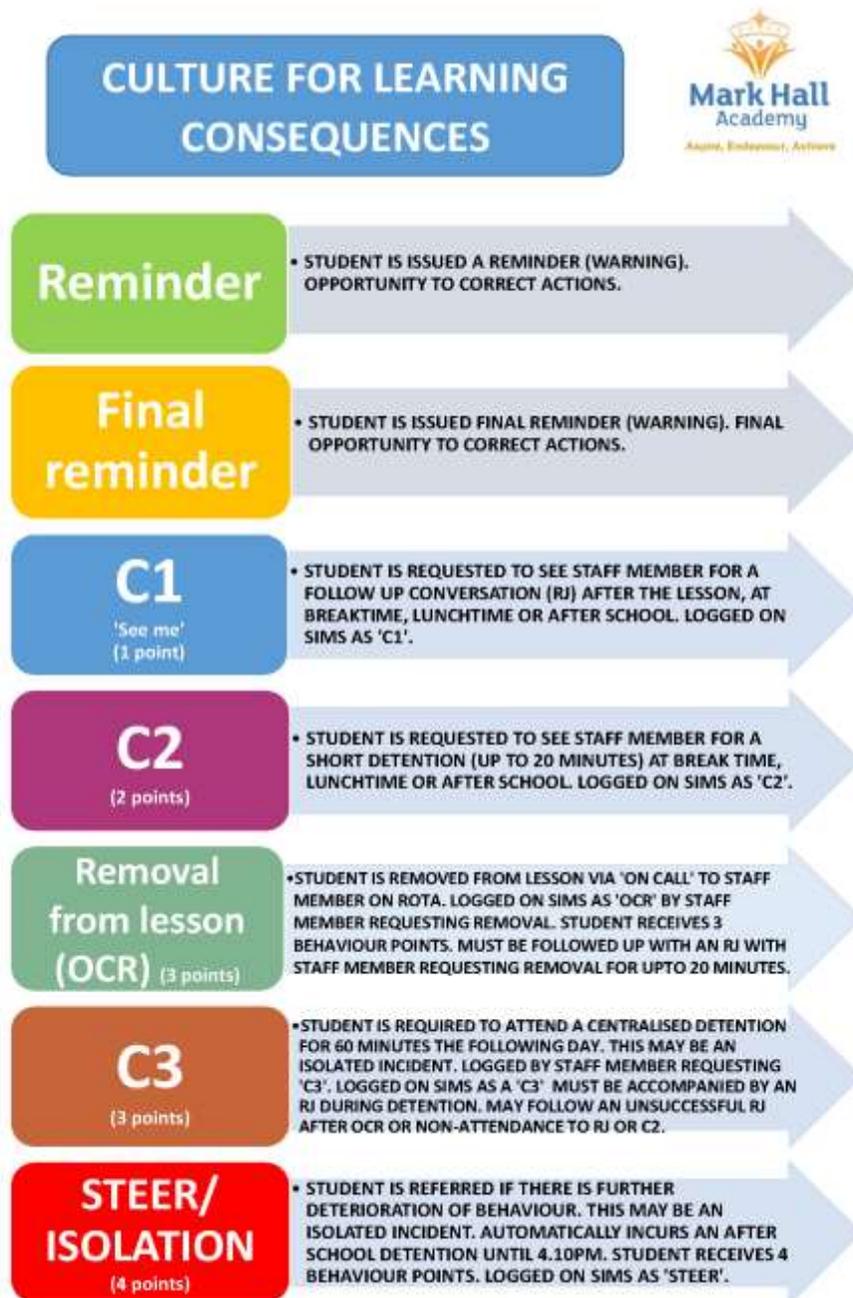
Chat to qualified counsellors who are waiting to support you with whatever you may be experiencing

Aspire

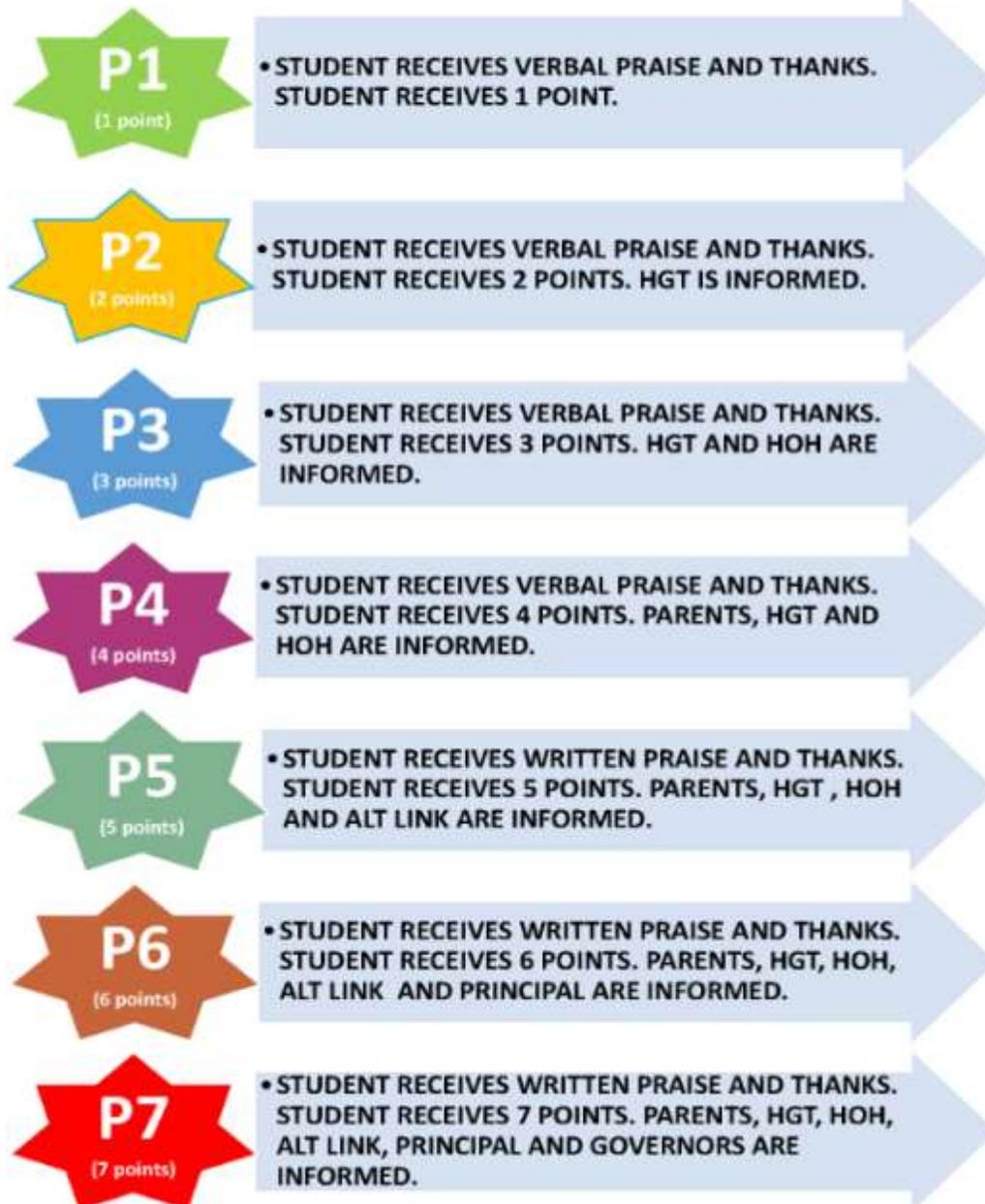
Endeavour

Achieve

Student Behaviour and Consequences (detentions)



CULTURE FOR LEARNING RAISE THE PRAISE



w/b: Monday 20 May 2019



perplexed (adjective)

to be confused

This is a difficult situation and I am perplexed.

Congratulations Mr Kimberleys Year 9
Tutor class for solving last week's
problem.

This week's challenge

Copy the grid

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25

Cross out the..

Multiples of 3

Factors of 100

Prime numbers
greater than 10

Numbers which would round to 10 if
you rounded to the nearest 10

What is the sum
of your unshaded
numbers



www.mathbox.org.uk

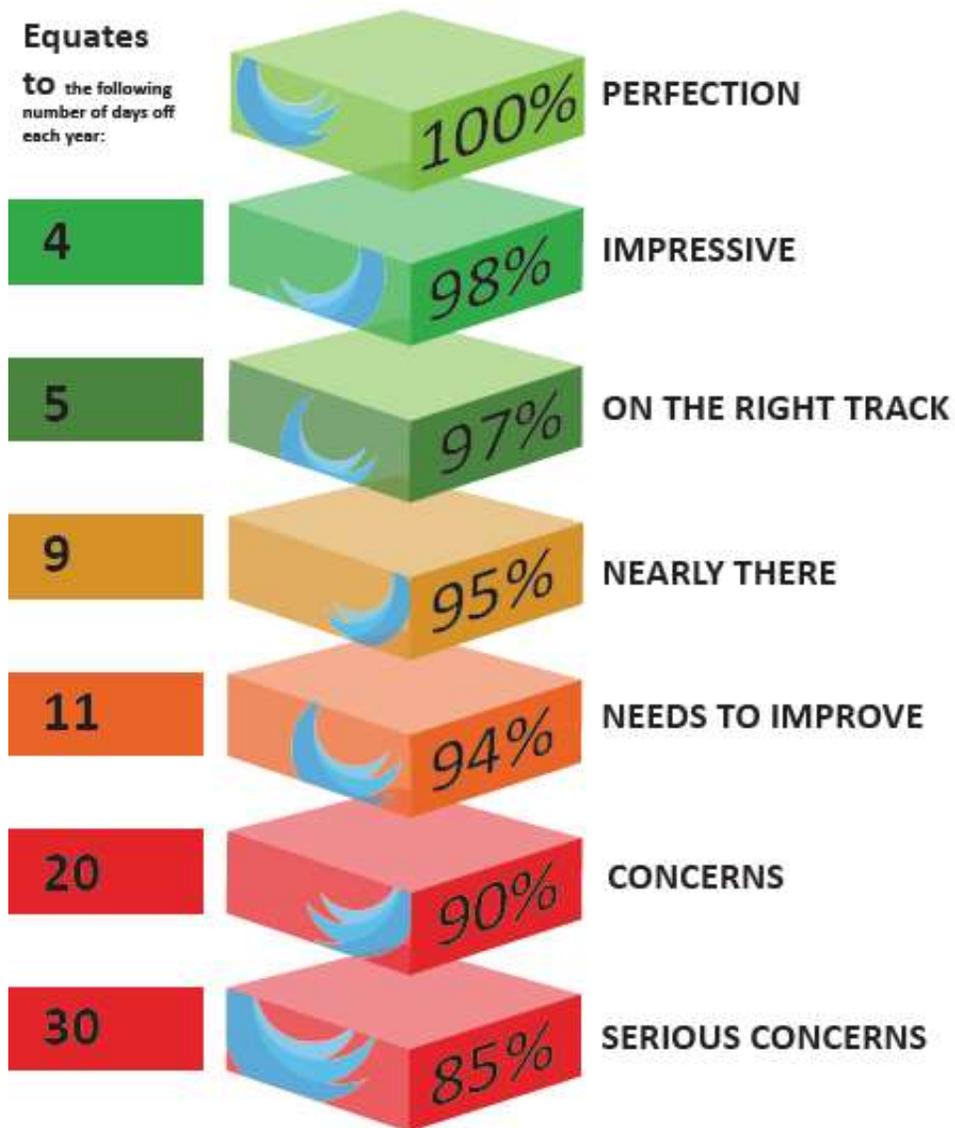
SOLUTION

ATTENDANCE



Equates

to the following
number of days off
each year:



Aspire

Endeavour

Achieve

Mark Hall Academy Football Club

All students are welcome to join our Mark Hall Academy Football Club which runs every Wednesday after School. Girls and boys from year groups 5 to 10 are welcome to come and join in



MHA PRESENTS

Digital Leaders Join now!

WHEN

Thursday after school:
3:10-4:10



WHERE
WEST 1

WHAT

Programming



Dear Students

There will be a display of lost property in Learning Hub every day from 11.10am until 11.30am

You will be able to access this from the West Playground and there will be a sign on the door

As Mark Hall does not have room to keep Lost Property, it will only be held for 1 week before being disposed of.

